

What is Zentangle Inspired Art?

Zentangle is best described as *mindful doodling*.

What counts as Zentangle?

Not every doodle is a Zentangle. They must be non-representational, patterned, simple, and elegant.

Where can I find Zentangle patterns?

There are tons of websites with free patterns and instructions! Check out :

tanglepatterns.com,
zentangle.com,
thetangledpenguin.com

Give it a try: fill in the front of this bookmark!

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